



G O U D !

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Magazine van de Vereniging Gouden-Kruisdragers Vierdaagse

In dit nummer:

- Walking through the Green Heart of the Netherlands
- Vacancy: Look quickly at news
- Who reached a lustrum in 2018?





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Goud! is an issue of the association Gold-Crossbearers Vierdaagse.

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*The association Gold-Crossbearers Vierdaagse is founded on 24 July 1951 and approved by royal decree d.d. 24 July 1952, no. 46.
Cover photo: Stichting DE 4DAAGSE - Bianca van Uden*

Cover photo: Stichting DE 4DAAGSE - Bianca van Uden

Spoiled

This fall, we went on vacation to the US. We checked into a motel in a small town in Mississippi and wanted to get a bite to eat. Since we had been in our car all day, we decided to walk to a restaurant just down the road. Well, we made it...but not without putting our lives in danger. We had to find our way across pitch black parking lots, almost got hit by crazy drivers when crossing the street, stumbled along the uneven roadside, all while looking for a non-existent sidewalk. It made me realize how lucky we are in the Netherlands, with all these great conveniences for pedestrians. Paths that are lit, sidewalks everywhere, clearly marked crossings with traffic lights. No complaining there!

A lot of things are regulated and organized in the Netherlands. Every weekend, there's a whole range of activities to choose from, which can make organizing an activity pretty difficult. Case in point: our annual reunion, which had already been moved because of Monuments Day. This year, it coincided with the Airborne March. One can wonder if those members who participate in this march would have come to the reunion anyway, but the truth of the matter is that the number of members attending the reunion has dropped dramatically. Unfortunately, this year was no exception. In fact, the number was so low that, due to cost considerations, we had to cancel it. What's your opinion on this? Is a reunion an antiquated activity, and just 'not done' anymore? Would you prefer a different activity? If so, what would be your preference? Please let me know at voorzitter@goudenkruisdraggers.nl.

As usual, there are not many outside activities in the fall, which is actually a shame, because the woods and fields are magnificent this time of year. There's nothing better than taking a (short or long) walk in the fresh, cool air; coming home with a runny nose and tingling fingers because of the cold. And then warming up with a nice cup of coffee or tea.

On behalf of the Board, I wish you Happy Holidays and a Healthy 2019!

Leonie Vink, Chair



Source: Pixabay

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Vacancy position board

The board is looking for a new board member because we have a vacancy from April 2019. We are looking for someone who wants to participate as a general board member without any portfolio at first, and takes over the position of secretary within one or two years. Many of the tasks you can do at home in the evenings or when it comes to you, but there are some moments in time when the board meets:

- * Members meeting twice a year
- * A board meeting four times a year (eventually via Skype)
- * Possible presence at other association activities, such as the informal consultation with Stichting DE 4DAAGSE, a reunion or a 'powered by GKD' walking tour

If you do not want to take over the position of secretary, the board likes to appoint new board members with the following main tasks. We expect to recruit two new board members in the coming years, so you may be able to apply for another position.

- Public relations (GOUD!, website, Facebook, other media)
- Volunteer policy (recruitment, remuneration)
- Sponsorship policy (new forms of income)

Given the current composition of our board, we like to ask young members and female members to put themselves forward as candidates. You can report as a candidate to the secretary (secretaris@goudenkruisdragers.nl) and of course you may ask him about his current responsibilities.

Catching up with the ambassadors

As is the case each year, the ambassadors met during the last Marches in order to discuss the topics they are concerned

about. Present for the first time was Eiji Takomoto, our new ambassador for the Asia-Pacific region.

What were the topics? For instance, the fact that congratulatory postcards from the Four Days' Marches Foundation to those who have successfully completed the Marches for the tenth time do not always reach the right person in the case of groups and contingents. Instead, they sometimes get stuck at their commanding officers. But we also discussed the collecting of the membership fees. In the case of foreign members who do not pay in Euros, there is more involved than a simple direct debit. It is for that reason, and also because the national Dutch hiking association KWBN wants to know already in November who our members are – in view of the yearly dues – that it has been decided to collect the fees earlier in the year. It has also been decided that the ambassadors will contact a number of members whose status is as yet unclear.

In order to enlarge the international character of our reference group, the ambassadors have been asked to be on the look-out for members in their countries that might fit the requirements for this function. We also considered possibilities to raise the awareness of our association abroad, for instance by publishing articles in foreign walking magazines. Our Swiss ambassadors Sune Keller and Jürg Tschabold told us that they had a meeting with all Swiss members of our association.

The annual meeting with the ambassadors prior to the general meeting has by now become a pleasant and valuable tradition. It will remain a fixed item on the agenda in the years ahead.

GDPR - Privacy statement

In the context of the new legislation for

dealing with personal data (GDPR), we have drawn up a privacy statement. In short, it means that we declare to handle your personal data carefully. As part of your membership, we provide data to the KWBN (for membership) and the Stichting Vierdaagse (for the lustrum rewards). The printer of GOUD! uses your address details for the shipment of the magazine. We retain your data after termination of your membership in the archive of former

Change of address, new e-mail address, change of bank?

Should you move, please let us know your address in good time, so that we can send your mail to your new address. It would be nice if you state the membership number that is available on the pass you have received from the walking association (KWBN).

We would also appreciate it if you could also inform us of any changes with regards to your email address or bank account. The latter is especially important in case you pay your fee by direct debit. You can send your message regarding any changes to ledenadministratie@goudenkruisdragers.nl. Thanks in advance.

members (unless you have made objection).

The privacy statement can be found on the website goudenkruisdragers.nl

Members fee 2019

Members of our association, who have not issued a direct debit mandate, have received the invoice for the dues for 2019 by mail or post.

Foreign members living outside the non-Euro countries have received a payment request via PayPal.

From the members in the Euro countries,

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who have issued a direct debit mandate, the collection of the dues 2019 will take place in the 1st week of January 2019. To avoid confusion, no invoice has been sent to these members.

If you have questions about the contribution collection, please send an e-mail to penningmeester@goudenkruisdragers.nl



Flagparade 2018

Flag parade 2019

The Flag Parade in new style is again a great event. The association has been asked to participate and carry flags ever since the reintroduction. Again in 2019, the association will participate in the Flag Parade prior to the Four Days Marches. If you are interested in walking along, you can send an e-mail to rino.hamelink@goudenkruisdragers.nl.

KWBN Members Council

There will be elections from 16 to 20 February 2019. Not for the House of Representatives or for your municipality, but for the Council of Members of the Royal Dutch Hiking Federation (KWBN). Our association has been represented for

years in this Council of Members in the person of Frans Leijtens, our secretary.

As the KWBN switches to a new management model, a new Membership Council will be established. In this new Membership Council the association would like to represent its members. That is why our secretary has nominated himself again for one of the three seats for the Platform of National Organizations (PLO).

Do you want to help us to remain active in the Members Council and to be able to exert influence on the KWBN? Write 16 February in your diary and make sure you cast your vote. We will inform you about these elections in February, but you can undoubtedly vote digitally via www.wandel.nl.

Lustrum rewards

We publish in GOUDI, the issue in December, a list of members who have reached a lustrum during the last Four Days Marches. On some of the following pages in this magazine you will find this list.

If you think you qualify for a lustrum reward, but have not yet received it, please



contact our treasurer via penningmeester@goudenkruisdragers.nl.

As indicated earlier, the checks on the achievements are carried out by comparing names. If your name known to us is slightly different from the name known to the Stichting DE 4DAAGSE (fewer initials for example), then there will be no automatic match.

In addition, we have noticed that this year checks by Renflex - software partner of Stichting DE 4DAAGSE - were not entirely without problems. We are sorry for any inconvenience caused.



Photo: Stichting DE 4DAAGSE - Bianca van Uden

Concept minutes of meeting

Summary concept minutes

This is a summary of the concept minutes of the General Meeting on July 16, 2018. The complete minutes of meeting will be made available at the latest three weeks prior to the meeting on April 6, 2019. These minutes can be downloaded from our website. Please do take into account that these will be in Dutch only.

On the Monday before the 102nd Four Days Marches, 148 members gathered in the Kolpinghuis in Nijmegen. There they first met Paul Sanders, director of Koninklijke Wandel Bond Nederland (KWBN, Royal Netherlands Walking Association). Mr. Sanders explained that his association had achieved many things this year. The online calamity plan turned out to be a great success: walking associations had already filed such a plan with local authorities 250 times. Moreover, KWBN received 350 calls for assistance with the implementation of the new European privacy regulation. In September, the system to register online will be used for the first time through a pilot. The four-day evening walks for young people remained a very important brand of the association and FitStep (a schedule to become fit under supervision of a walking trainer) was started. However, there are also concerns because the number of members of walking associations is going down and it becomes more and more difficult to find volunteers. KWBN will therefore better support the associations through account managers and it will introduce a new management model. Finally, together with partner OAD – a travel organization - it will introduce a hiking event around the next Olympic Games.

The Marche Leader of the Four Days Marches, Mr. Henny Sackers, couldn't wait to address his own familiar club after that. He had been scheduled to give no less than 23 speeches this week, but this was the one he was looking forward to most. He shared some anecdotes on the preparations of the coming Four Days Marches and praised the volunteers, the people who really represent the event. Finally, he brought our association a present: a covenant that lays down all the



Henny Sackers signs the covenant on behalf of Stichting DE 4DAAGSE. (Photo: Marcel Versteeg)



Leonie Vink signs the covenant on behalf of our association. (Photo: Marcel Versteeg)

agreements between DE 4DAAGSE foundation and our association. With this, the unique relationship – or better: the hearty relationship – between the two organizations has been confirmed. After that, chairwoman Leonie Vink and Marche Leader Henny Sackers signed the document.

The minutes of the last General Meeting were approved without comments and the chair looked back on this meeting, where Mr. Ed Hendriks was appointed as a new member of the board. Ed has been holding the position of treasurer for some time now, which he took over from Francien van den Heuvel. During the last meeting, Francien was appointed as honorary member for the many years that she held this position. Her husband, Mr. Gerard Aarts, was then appointed as member of merit of the association for his work as membership administrator. By now, his tasks have been taken over by Mr. Harry van Dijk. The chairman introduced Ed and Harry to the attending members.

Last year, the members could meet and make beautiful walks during the St. Nicolaas walk in November, organized by walking group DIO from Haaksbergen, and during the winter walk of walking association WS'78 in Nijmegen last January. A new 'powered by the Golden Cross Bearers' walk has been scheduled not before long, that is the Taalgrenswandeling (language border walk) in Bellingen in Belgium. This will be held in two weeks already, on Saturday, July 29, 2018.

The chair notified all the attendants of the fact that the secretariat had moved; the address label of GOUD! mentioned the old address by mistake. This year, we have again been able to bring a number of concerns to the attention of DE 4DAAGSE

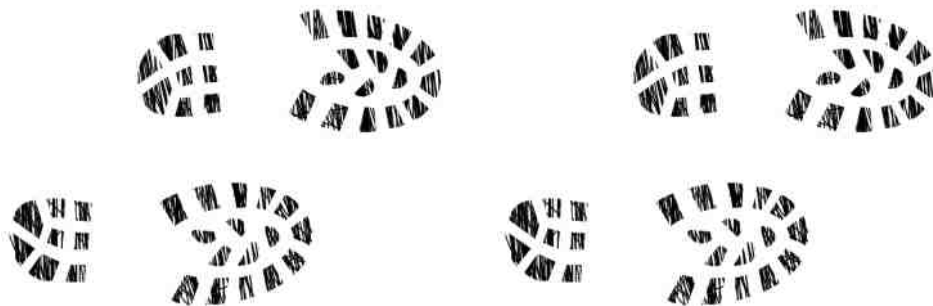
foundation, like the extra kilometers that the 30-kilometer walkers had to cover, the huge crowds at the start and the nuisance caused by sound equipment, smoking walkers and umbrellas. Also, we have again made a shirt for our members: this year it will be a white polo shirt with the association's logo in color. Some of our members already worn this shirt during the Flag Parade yesterday.

Last year's reunion was a success; many members enjoyed the beautiful day in the town of Huizen in the Noord-Holland province and some of them even raced on the karting track. For the next year, the reunion is planned in the Zeeland province: we are invited to the town of Zierikzee and the 1953 flood disaster museum. Also this year, the board will continue to work on a next long-term policy plan – with more initiatives that will also appeal to our younger members. Moreover, we want to shape our feedback group. From next year on, it will only be possible to register for the Four Days Marches digitally, so it is to be hoped that people who are not familiar with digital technology can get assistance from their family or friends. Maybe our association will be able to assist them with this. And before this meeting the board consulted with her ambassadors and found Eji Takemoto willing to act as ambassador for the Asian-Pacific region.

The chair closed the meeting by wishing everybody great success in the upcoming Four Days Marches, whether for the eleventh time or – like honorary member Bert van der Lans – for the seventy-first time. Maybe we will see our members during the marches at the meeting points, staffed by volunteers Gerard and Trudy Verburgh, Gemma Jansen, Ria Kroes and Joep Hilckmann. Henny Sackers announced that 1,579 potential new Golden Cross Bearers would start in the marches, so we expect quite some new members. The meeting ended with the singing of the Four Day Marches song, accompanied by the Blue Mops band.



This year the meeting room was full again during the meeting as in previous years. (Photo: Marcel Versteeg)



Prior to the members meeting there was consultation with our ambassadors. From left to right: Trevor Day, Michael Goedeke, Eiji Takemoto, Tue Henriksen, Katrien Delanote, Sune Keller, Marge Petronis, Martin Pegels, Jurg Tschabold and Leonie Vink. (Photo: Marcel Versteeg)

General Membersmeeting invitation

You're welcome!

We invite you to gather for the General Membersmeeting on 6 April 2019 15:00 AM in Nijmegen Kolpinghuis, Smetiusstraat 1.

The board suggests the following agenda:

1. Opening by the chairman
2. Incoming correspondence & announcements of the board
3. Minutes of the meeting held on 16 July 2018
4. Annual report of the board on 2018
 - a. Secretary's report
 - b. Treasurer's report
5. Report of cash audit team
6. Appointment of cash audit team 2019
7. Budget 2020 and determination subscription
8. Election of the board
9. Commission Appointments
10. Multiannual policy plan 2018-2023
11. (other) Proposals of the board
12. Proposals from the members
13. Any other business
14. Closure



Foto: Pixabay

Notes on the agenda:

Item 3: A summary of the Annual General Meeting of July 16, 2018 is printed in this magazine. The draft minutes will be available on the website at a later date, but at least three weeks before the date of the meeting.

Item 4, 7, 10: The documents supporting this point will be available at a later date, but at least three weeks before the date of the meeting.

Item 7: The Board proposes to set the membership fee for 2020 at € 10.00 + remittance to the KWBN. The remittance is € 16.00 for the full package of the KWBN or € 10.00 if one chooses to only receive the walking pass.

Item 8: Periodically outgoing and eligible for re-election is Leonie Vink. Periodically outgoing and not eligible for re-election is Francie de Leeuw.

Any (other) member who proposes his candidacy needs to apply in writing to the board at least 30 minutes before the meeting, accompanied by signatures of at least ten voting members.

“It will be investigated”

The board kindly asks you to communicate questions, which reasonably demand some research, to the board some time before the date of the meeting, in writing or by e-mail.

Availability of documents

Three weeks before the meeting, the documents will be placed on our website. Besides that, every member has the opportunity to request the documents by e-mail or regular mail. The documents will also be present in the meeting room prior to the meeting.

Powered by GKD march

Walking through the Green Heart

February 2019, RS'80 will organize a march starting at the capital of the Groene Hart (Green Heart): Woerden. Where cows graze and cheese is being made. The municipality, with all of its villages, has a unique open landscape that goes together with a contemporary and historic city center.

Once again, we have selected a nice walk where Golden Cross Bearers will be able to meet and walk together, on 16th February 2019. We will receive a warm welcome at the eighth walk of the winter series of walking association RS'80. This is their 388th walking event, so the organization is surely not short of experience. Randstad 1980 or RS'80 is a sister organization of WS'78, with whom we have already partnered for two "powered by GKD" walks before.



Participants have a choice of a 15 or a 25 kilometer walk in the surroundings of Woerden, a small town close to Utrecht. The starting location can obviously be reached by car, but it is a stone's throw from Woerden train station for those who want to use public transport. The walk starts between 9 and 10 o'clock and walkers are to report back at 16 o'clock at the latest.

More information can be found on the site of RS'80: http://rs80.nl/16_feb_2019.html

Location:
Brediushonk
Kievitstraat 40
3443 BG Woerden

At this "Powered by GKD"-walk you can collect a stamped card or have your present card stamped in order to save for the "Powered by GKD" pin badge.



Stampcard

At this 'powered by GKD' walk you can get a stamp card and have your stamp card stamped in order to save for the 'powered by GKD' pin.



Lustrum rewards

Congratulations!

We congratulate the members who have reached a lustrum during the Four Days Marches of 2018.

Due to the large number of 328 lustrum walkers, we decided last year to mention the jubilees with over 40 participations. Many readers were disappointed and that is why we decided to publish all names again.

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W. Aalbers, Wijchen ◊ G. Aben, Utrecht ◊ E. van Amelsvoort, 's-Hertogenbosch ◊ M. Angevare, Hoorn ◊ J.L. Balt, Assen ◊ H. Barends, Lent ◊ R.L.W.H. Bartelds, Heumen ◊ M. van den Berg, Berlicum ◊ H. Bernink, Oldenzaal ◊ E. Beurskens, Maren Kessel ◊ R. Bleumers, Arnhem ◊ L.P. de Boer, Ijmuiden ◊ V. Boers, 's-Gravenhage ◊ F. Boeijen, Berghem ◊ J.M. Boeijen, Teeffelen ◊ A.P. Boeijen, Groningen ◊ F. Bosma, Amersfoort ◊ B. Bosman, Deventer ◊ D. Braad, Zoetermeer ◊ J.M. van den Broek, Gemonde ◊ C.W. Broek-Hazen, Nijmegen ◊ G.J.P. Brundel-Steenbeek, Blesdijke ◊ K. Buis, 's-Gravenhage ◊ D. Bijvoet, Wassenaar ◊ C. Cambier, Helmond ◊ F. Claassen, Vianen (NB) ◊ P. van den Cozijn, Elburg ◊ W. Dekkers, Zeeland ◊ K. Delanote, Deinze (BE) ◊ M. Dier, Eichstätt (DE)

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Foto: Stichting DE 4DAAGSE - Ger Loeffen



Foto: Stichting DE 4DAAGSE - Ger Loeffen



Foto: Stichting DE 4DAAGSE - Toon de Vos

E. van Velzen, Nijeveen ◊ C. Verbeek, Ovezande ◊ F. Verhees, Eindhoven ◊ T. Verheij, Uden ◊ H. Verhoeff-La Croix, Delft ◊ B. Veugelers, Sassenheim ◊ R. Vink, Warmond ◊ P. van der Voorn, Lisse ◊ G. Jan van Voorst, Veenendaal ◊ D. de Vries, Workum ◊ H. Vrugink, Ruurlo ◊ J.H. Vuijk, Heerde ◊ H.C.J. Wullink, Zwolle ◊ J. Wijnia, Nijmegen ◊ E. van der Zalm, Elst (Ut) ◊ A. van Zanten, Geldrop ◊ F.E.J. Zoons, Nijmegen ◊ A. van Zundert, Uden ◊ M. Zwaan-Bos, Bunschoten Spakenburg

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T. Aalbers-Janssen, Bergharen ◊ W.L.M. Adriaansen, Breda ◊ H.J.J.M. Arts, Landhorst ◊ S. Bakker, Zeist ◊ C. van den Berg-Lagerweij, Gouda ◊ W.E.A. van den Beuken, Vught ◊ N.J. Bosch, Gendt ◊ Y. van den Brakel-Visser, Alkmaar ◊ J.L.A.M. Brands-van den Elzen, Zeeland ◊ A.F. Buitenhuis, Nijmegen ◊ M.J.J. van Dalen, Zoetermeer ◊ H.D. Deknatel, Wateringen ◊ H.J. Diekerhof, Geldermalsen

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M.H.M. Kersten, Nijmegen ◊ H.D. Kooi, Zoetermeer ◊ H. Koolstra, Maarn ◊ E.R.G. Krijger, Rijswijk ZH ◊ R.C. Kuiper, Emmeloord ◊ C.J. Kwant, Hoofddorp ◊ J.A.J. Laheij, Rosmalen ◊ G.M. Lamboo, Hoofddorp ◊ C. Leloux, Zuid-Scharwoude ◊ T. Lesschen, Wadinxveen ◊ R.C.J. Letsch, 's-Gravenhage ◊ N. Luthart, Deurn ◊ B.K. Lutke Schipholt, Helmond ◊ R. Nagtegaal, Sliedrecht ◊ H. Oosterman, Leek ◊ H. Philipps, Meerbusch (DE) ◊ M.J.B. Robert, Merkelbeek ◊ T.J. Roelofs, Weurt ◊ R. van Rooijen, IJsselstein Ut ◊ A. Scheepens, Oirschot ◊ M. Slavenburg, Vlaardingen ◊ C.N. Smit, Hendrik Ido Ambacht ◊ H.J. Smit, Doornspijk ◊ J.P. Soelen-van Zeelst, Geldermalsen ◊ E. Strik, Roermond ◊ A.A.T. Tacken-van der Beele, Horst ◊ C. Teuchert, Bremen (DE) ◊ C.M. Tol, Volendam ◊ R. Trietsch, Barneveld ◊ M.C. Veening-Janssen, Broek op Langedijk ◊ J.W. Vels, Apeldoorn ◊ J.R.M. Verkerk, Cuijk ◊ D.

Verwoerd, Amersfoort ◊ M.S.J. Waaijer, Spanbroek ◊ H.T.W.A. de Waal, Winssen ◊ A. Wahl, Geldermalsen ◊ J.B. de Wild, Giesbeek
◊ D.W. Willemsen, Feinsum ◊ A.M.W. Wouters, Sint Oedenrode ◊ G.W.M. Zuidgeest-Thijssen, Naaldwijk

25X

A.A. Aalders, Volendam ◊ A. Bauch, Oberhausen (DE) ◊ J.P. Bekker, Spijkenisse ◊ A. van den Berg, Tiel ◊ H. van den Berg, Molenhoek
◊ T.J.M.H. van den Berg, Helmond ◊ M.M. Boekweit, Arnhem ◊ P. van Driel, Koudekerkaan den Rijn ◊ J.H. van Engers, Alkmaar
◊ J.W. van Engers-Hout, Alkmaar ◊ E.J. Frasa, Duiven ◊ R. Glasbergen, Rijnsburg ◊ R. Hermsen, Mill ◊ B.J. Hoens, Hooglanderveen
◊ H. Hofland, Winterswijk ◊ R. Hofman, Nijmegen ◊ J. van den Hurk, Teeffelen ◊ J.H. van Keulen, Apeldoorn ◊ M. de Lange, Egmond
aan Zee ◊ J.S. van der Leij, Vianen ◊ E. van der Linden, Wijk bij Duurstede ◊ J. van der Mooren, Geertruidenberg ◊ J. Muller-Compagner,
Meppel ◊ M.J.A. van Munster, Arnhem ◊ B. Ozephus, Horst ◊ H.G.M. Peperkamp, Bemmelen ◊ A. Rademaker, Groesbeek
◊ S.C.S. Rijpstra, Zoetermeer ◊ F.C. van Rooijen, Spijkenisse ◊ C.J. Ruijs-van Nuland, Zevenaar ◊ H.W.A. de Ruijter, Bemmelen ◊ J.J.
Stam, Warmenhuizen ◊ G. Stumpf, Hogeveen ◊ M.A.C. Trum-Ivens, Wijchen ◊ H. Wierdsma, Nieritter ◊ M. Willemsen, Bemmelen ◊
G.F.D.M. Zeegers, Nijmegen ◊ J.M. Zwerts, Arnhem

30X

B. van Beek, Apeldoorn ◊ I. Caerteling, Elst ◊ H. Dijkstra, Delft ◊ J.B.B. Engelen, Ooij ◊ H.J. de Haas, Nijmegen ◊ B.E.W. Hebben-Simons,
Beesel ◊ B.J.H. Herweijer, Haarlem ◊ P. van der Kroft, Reeuwijk-dorp ◊ R. Lancaster, Dodewaard ◊ J. Leijtens, Drunen ◊ J. Liebers,
Groesbeek ◊ F. van der Logt, Wezep ◊ R.F.M. Otten, Nijmegen ◊ M.A.G. Passage-Brouwer, Deventer ◊ B. Rombaut, Hulst ◊ W. Ruis,
Ermelo ◊ J.C.M. Schellekens, Amsterdam ◊ G.J. Vossestein, 's-Hertogenbosch ◊ J.J. de Winter, Losser

35X

H. Aalbers, Ewijk ◊ A. van Heijningen, Ammerzoden ◊ R. Mars-Vernoy, Velp ◊ J.J.M. Peters, Nijmegen ◊ A. Rebel, Rijswijk ZH ◊ G. Spreeuw,
Hillegom ◊ M.A.P.M. Standaert, Ouderkerk aan de Amstel ◊ A. Termaat, Nijmegen ◊ T.P.J. van Uden, Oss



Foto: Stichting DE 4DAAGSE - Ger Loeffen



Foto: Stichting DE 4DAAGSE - Ger Loeffen

40X

J.M. Hendriks
W. Hendriksen-Damen

Elst
Huissen

J.W. Aarnoudse

Born

45X

S. Bethke
T. Groenland
H. Heiland
F. van den Heuvel
C. Kersten

Bonn (DE)
Heemstede
Weimar (DE)
's-Hertogenbosch
Gennep

M.L.A. van de Leensel
R.G. van Rijn
T. Tromp
L. Vermeer

Deurne
Alphen aan den Rijn
Weert
Spijkenisse

50X

M.I.J.H. Distel-Koutstaal

Schupfheim (CH)

55X

C.C. Raymakers-Volaart

Oss

J. Spee

Apeldoorn

In Memoriam

After appearance of the previous magazine, we have received notification of the desecure of the below-mentioned members. Our condolences go out to the relatives.

A. Brienen

H.B. Derksen

A.C.M. Groenewoud

E. Guley

D. Kolenbrander

H.J.A.P. Roelofs

P.H. Unk

Mill

Millingen aan de Rijn

Oudersluis

Leiden

Velp

Nijmegen

Eindhoven



Foto: Pixabay

From the members

Debbie Downers, Audience and Participants: The Four Days Marches through their Eyes

The Debbie Downers? They just don't like it.

They stay home in Sneek, Spijk and Stroe, far away from it all, for these reasons: What?? It takes five vacation days to have that kind of 'fun'? All resulting in blisters and pain; are these people insane? One ends where one started – who came up with that brilliant idea?! People who enjoy all this must be absolutely crazy.

The Audience? They like it.

They come from Velsen, Vaals and Vleuten, to enjoy everyone who passes. They want to relax, observe the many, many masses. In Malden they wait for their idol; what's keeping that crazy guy?! Ha, there he is, dressed in 80 shades of green and orange. Looking good, all is fine, on to the finish line!



The walkers? They love it!

We come from Hoorn and Hindeloopen, Aah, nice; just letting go for a while. The first day is blue, through Elst, Lent, across the bridge, and happy to arrive. Followed by Pink Wednesday; if you want decibels, Faberplein is the place to stay. On Thursday the views cause some thrills, surrounded by greenery, we conquer those seven hills. And then there's Friday: the gladiolas, the euphoria, the wave and all the boompapa!

Kees Brinkman 2018

Portrait of a member



Name: Sascha Schwarzkopf

Age: 41

Residence: Siegburg, near Cologne

Walking is today one of my favourite leisure-time activities. At all weather and every occasion I, my wife and my kids go outdoors. Sometimes I spent the nights out in a tent or under a tarp. Now and then you can find me on the 100 Km-events as well.

I learned the profession of a police officer in two ways. With some detours within the job and nowadays I'm working, while doing an additional university degree, in an office fighting crimes. A job that developed over time and is absolutely exciting and can be exhausting at the same time. Especially when you are responsible for a wonderful team with approx. 30 members.

The job demands a lot at some times. There are plenty of things to do every day and there are –like everywhere else– too little people. Therefore it is very important to get a physical compensation beside the stress and to remember the really

important things in life. I appreciate walking in early hours when everybody else is still sleeping. It's like a catharsis. You feel newborn and the entire world seems to be yours alone. The small and big problems often just disappear.

I walked my first Vierdaagse in 1998 together with my colleagues. At the 100th Vierdaagse I took the opportunity to walk the 55k distance. One chance in a lifetime... 2004-2006 I paused due to work-related causes. I became a member of the Gold Cross Bearers in 2010 because I like to do something in return. I enjoy this very much. This year I finished my 18th walk.

At my first participation someone mentioned that there are three kinds of people. The first will never do the Vierdaagse. The others will do it one time and never again. The third group will check if they can do it a second time and will come back after the third participation every year, totally infected with the Vierdaagse-virus. Well, I believe that I'm, like the most readers of this GOUD! magazine, part of the third group of people.

I really appreciate that I'm part of the big Vierdaagse-family today. Every year you'll meet all your walking friends which are used to live around the globe: The colleagues of the Danish police, the comrades of the Belgian-German Friendship Team (BGFT), the „sea dogs“ a tour camping spot, our own little walking group „Kilometer Eater“, friends from the Gold Cross Bearers and many more. There's unfortunately no space to mention them all.

Alexander von Humboldt once said that the most dangerous worldview is the worldview of those who haven't viewed the world. The Vierdaagse is the perfect opportunity to explore the world, beco-

me acquainted with people, breaking down prejudices and make new friends. And that in your personal way with no haste. There's a funny saying in the German army with a true core: „The foot-bus will go everywhere, everybody has a place at the window and it is always on time.“ All you have to do is to take the first step and „get in“.

Nowadays I see myself amongst the experienced guys on long walking routes and I absolutely can recommend to tie your walking shoes and start your own journey. Our honorary member Bert van der Lans has shown how this works.

I wish us all many healthy years together on the routes. I wish our association will receive many new members and will always find the right decisions to keep our favorite activity alive. We will see each other! At least next year on the 103rd Vierdaagse.



Sascha together with his colleagues Antje Freninenz and Knut Hauch.



A pram is used for the care of participants in the 19th Four Days Marches in 1929.

Photo: Photo agency Gazendam, Arnhem

Source: KNBLO-NL, Regionaal Archief Nijmegen