



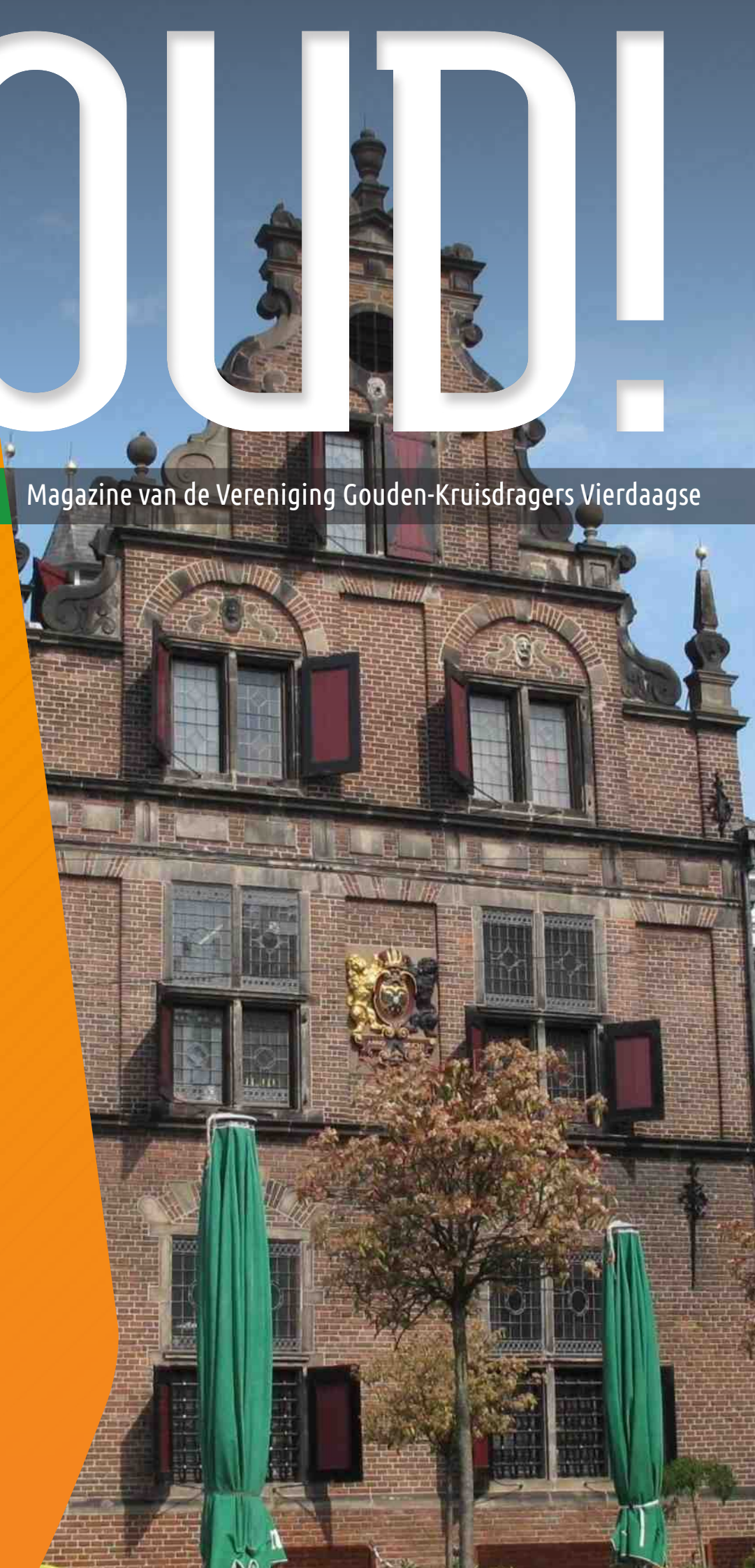
GOLD!

Nr. 10 - Juni 2018 - EN

Magazine van de Vereniging Gouden-Kruisdragers Vierdaagse

In dit nummer:

- Come and eat a Zeeland delicacy
- The engine of Clinge Doorenbos
- 'Powered by' in Belgium





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Goud! is an issue of the association Gold-Crossbearers Vierdaagse.

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The association Gold-Crossbearers Vierdaagse is founded on 24 July 1951 and approved by royal decree d.d. 24 July 1952, no. 46.

The times they are a changin'

Although sung by Bob Dylan in 1964, times are still to be seen and felt changing everywhere around us. But what is new? Times have, after all, always been changing. And how real are these changes? As to the Four Days' Marches, there was a real hassle about the drawing of lots. For years on end, lots have been drawn among the people who registered as the limit of participants had already been reached. This year, for the first time, individual military people fell victim to this system too. And to the dismay of many, 160 of them were eliminated. Fortunately, they were all allowed to join after the second round. Many people thought that this was about a new rule, but that is not the case at all. The regulations for military people have been in existence for many years and have been established in close cooperation with the Ministry of Defence. Until now, however, there has never been the need to apply these rules.

With the date of the Four Days' Marches approaching, I am itching to start. When I was present at the Bloesemtocht (Blossom Walk) in Geldermalsen, the Four Days' Marches feeling suddenly came over me: the enormous number of walkers and spectators, the music along the route and at the start/finish location, the sun shining. I was struck by a small group of "elderly men". Not exactly blessed with an athletic build, they looked rather more like real lovers of the good life. Joyful, joking, chatting with anyone interested. Comforting words for a fatigued elderly lady. They were enjoying each other's presence, being out in the open, walking. That is what defines for me the spirit of walking as a sport. That is what it is all about. Walking is done in the company of others. Which does not mean that I do not have a high regard for competitive walkers who opt for speed or the longest distances; they are in a different league altogether.

The times they are a-changing ... oh well, it all depends. What seems new is often old hat; nothing to get worked up about. We wish you pleasant times preparing for the 102nd Four Days' Marches. Hope to see you at the general meeting on Four Days' Monday in the Kolpinghuis!

Leonie Vink, Chairman



News ** News ** News ** News

Cancellation of membership

The board asks you urgently to announce your intention of terminating your membership per 2019 before 1st of October 2018. The membership will be terminated at 31st of December 2018. We will be able to report your termination to the KWBN in time.

After 1st of October 2018 you owe the membership fee for 2019, since our association has to pay remittance 2019 to KWBN. Be aware of these regulations, it prevents a lot of annoyance in case of late terminations.

Change of address, new e-mail address, change of bank?

Should you move, please let us know your address in good time, so that we can send your mail to your new address. It would be nice if you state the membership number that is available on the pass you have received from the walking association (KWBN).

We would also appreciate it if you could also inform us of any changes with regards to your email address or bank account. The latter is especially important in case you pay your fee by direct debit. You can send your message regarding any changes to ledenadministratie@goudenkruisdragers.nl. Thanks in advance.

Membership types KWBN, it's up to you

As a member of the association of the Gold Medallists you are automatically member of the KWBN (Royal Walker Association Netherlands) and you pay a fee to this organisation through your membership fee of the Gold Medallists. The KWBN is offering you two types of membership, you can choose from:

- A walking bonuscard, that takes in 2019 € 10,00 and in 2019 € 10,00 from your membership fee.



- A walking bonuscard, the magazine of KWBN (Wandel.nl) as well as an annual guide with all organised walking marches. This will take in 2019 € 16,00 from your membership fee.

These fees add up to the fee for the association of Gold Medallists, that will be € 10,00 in 2019

When you like to change your type of membership, report so before 1 October 2018 to the administration: ledenadministratie@goudenkruisdragers.nl.

Consider this first possibility when several members of your family are member of a walking association that is allied with KWBN.

It is cheaper to choose a walking bonuscard only for members of your family because they won't receive a magazine nor annual guide since a maximum of one copy of each item will be sent to an address.

Get that profit!

There is a catch in the deal though. Point of attention: In the case you have several memberships of walking associations allied with KWBN, you'll pay the fee of KWBN (according the rules) through the association you have the longest membership with. If you are registered at this (first) association for a 'walking bonuscard' and you didn't register a choice for the next/following association, the next/following association have regis-

tered you as 'MEMBER' by default and will charge you for the full KWBN fee. This is not to your advantage; you have to have yourself registered as 'walking bonuscard' member for all associations allied with KWBN.

Do you pay the membership fee yourself? You can help us.

The majority of the members have provided the association with an authorization for direct debit to pay their annual membership fee. There are still hundreds of members paying themselves. We ask those members to authorize us for a direct debit of the annual membership fee.

It saves the association postage for sending invoices if email addresses are not available or unknown. It also saves a lot of (paper)work because this administration needs to be done by hand. You probably understand it takes a lot of effort to receive all annual membership fees since there is a total of 3600 members. So if you still pay yourself please send us a message that you agree to authorize the association for direct debit together with your IBAN- and BIC code. These are to be found on your bank statement. You can send your message to the administration: ledenadministratie@goudenkruisdragers.nl.

Your advantage is that the membership

News ** News ** News ** News

fee will be paid in time and direct debit reduces cost for the association and keeps the fees as low as possible.

Lustrumwards

Just like last year, you will automatically receive your lustrum reward when you successfully complete the Four Days Marches in accordance with the regulations.

In case you haven't received anything at the end of September, please contact us. It could be that something went wrong. For example, when initials in our member administration are not identical to the ones on the registration for the Four Days Marches, there is no match and no reward is granted. And, there could be more reasons of course.

Application grandstand tickets

Every year, our most loyal members receive a grandstand ticket for the Friday parade at the finish of the Nijmegen Marches. Members that have walked more than 35 editions of the Nijmegen Marches receive 1 ticket and members that have completed more than 40 editions receive 2 grandstand tickets.

You can apply for tickets online through our website www.gouden-kruisdragers.nl.

If you are not able to do this online, you can use the form on the right; fill it in and send it to: Francie de Leeuw, Wedesteinbroek 2007, 6546 RS Nijmegen. Applications will be accepted until 1 July (this is the date the requests have to be received by us). The distribution of the tickets will take place on the Monday preceding the Four Days Marches between 13.00 and 13.50 hrs at the Kolpinghuis in Nijmegen.

Lustrums 2017

In the overview of lustrums in GOUD! of December 2017, the name of Mr. Jan Wunsch was missing. He successfully completed the Four Days Marches last year for the 45th time.

We congratulate him with this achievement.



Meeting with Stichting 4Daagse

Last March, the yearly meeting between our board and the board of Stichting 4Daagse took place. The following topics, amongst others, were discussed:

Raise of the registration fee (Stichting 4Daagse understands that the increase is big, but that it is necessary due to safety reasons), the "long" 30km (Stichting 4Daagse indicated that safety and attractiveness of the route are important factors for determining the best route) and nuisance (unfortunately Stichting 4Daagse doesn't have any influence on the nuisance at the start caused by loud music, umbrellas and smokers).

Furthermore, it was mentioned that the organization of the opening parade will be improved and it has been agreed that the existing agreements between our association and Stichting 4Daagse will be formalized.

Entry stand tickets

Request form

Name :
Initials :
Address :
Zip code :
City :
Phone :
E-mail :

I would like to request the following tickets:

36-39 times:

☐ 1 ticket free

40 times or more:

☐ 1 ticket free or ☐ 2 tickets free

Your request will be verified with Stichting DE 4DAAGSE and if possible, granted with 1 or 2 tickets. You will not receive a written confirmation regarding acceptance or rejection of your request, due to the high number of requests we need to handle in a short period of time.

Concept minutes of meeting

Summary

This is a summary of the concept minutes of the meeting of the general members meeting on 7 april 2018. The complete minutes will be published and can be downloaded from the website three weeks before the general members meeting on 16 July 2018.

On Saturday, 45 members eligible to vote were present in the Kolpinghuis building in Nijmegen. Among them were honorary members Bert van der Lans and Henny Sackers, as well as Gien Langen, who is a member of Merit. The Chair started by giving an overview of the past year, during which we grew to 3,738 members, and several succesful activities were organized.

Then she briefly explained the informal discussion with Stichting DE 4DAAGSE. Some things discussed were member contribution and discounts, the digital registration, and formalizing the agreement between our organization and DE 4DAAGSE in a covenant.

Next, we remembered our members who passed away this year, the 2017 annual financial statements were quickly discussed and approved, after which the Board was given discharge. The prognosis and 2019 contribution were also approved; member contribution remains at 10 euros, and –if applicable – will be increased with the KWBN contribution.

The final big agenda item was the election of the Board. Francien van den Heuvel and Gerard Aarts were asked to briefly leave the room. The members then agreed to make Francien an Honorary Member, for her tremendous contribution as a Board member and treasurer of our organization during the past 20 years.

Francien and Gerard came back to the meeting, and the Chair gave each of them a present, to thank them for all the work they have been doing for us. Francien then also received her Honorary Member certificate.

The Chair then proceeded to tell Gerard



Members are slowly filling up the meeting room prior the meeting. The number of participants is higher than previous years and a lot of extra chairs are needed. (Photo: Martin Raasveld)



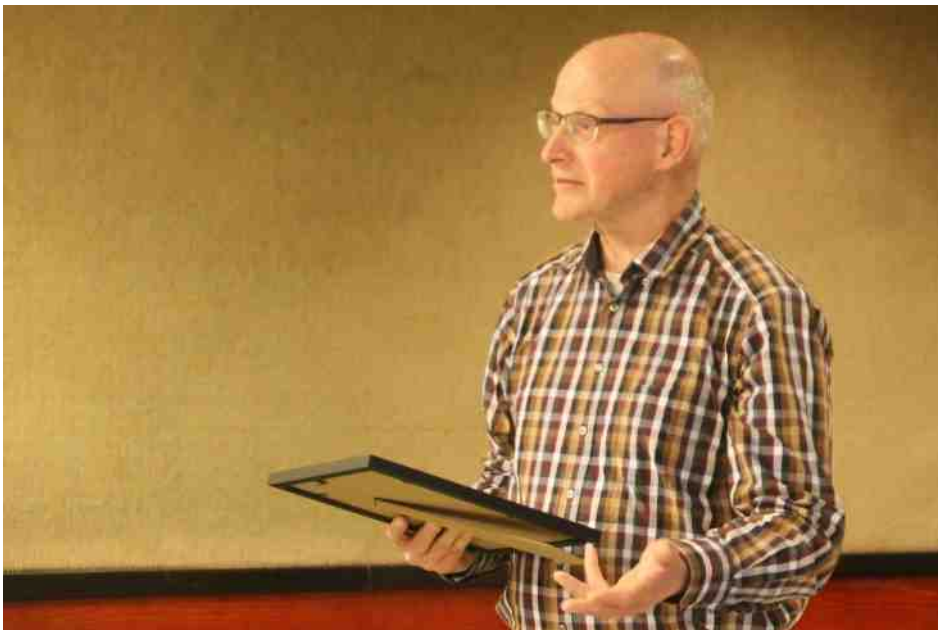
Chair Leonie Vink addresses the meeting. (Photo: Martin Raasveld)



Leaving treasurer Francien van den Heuvel receives the certificate belonging to the nomination of honorary member of our association. (Photo: Martin Raasveld)



Joke Poppe tells everyone present what the agenda for the reunion in Zierikzee looks like and invites everybody to come to Zeeland. (Photo: Martin Raasveld)



Gerard Aarts briefly addresses the meeting after he has been nominated as member of merit of our association. (Photo: Martin Raasveld)

then also received her Honorary Member certificate.

The Chair then proceeded to tell Gerard Aarts that the Board had decided to make him a Member of Merit for his hard work as Administrative Officer. He and Francien made for a well-oiled machine; the finances and administration were in very capable hands.

This leaves one more important task: appointing Francien's and Gerard's successors. Since there are now two vacant positions and one Board member who can be re-elected (Arjan Versteeg), the Board proposed Mr. Ed Hendriks to be a new Board member. Ed is a sports physician, lives in Driel, has walked the Four Days Marches 21 times and has been the Medical Services Supervisor for a long time. The Board plans to propose at the next Board meeting that Ed become the new treasurer.

Finally, the Chair says that the Board will install a Committee of Support that will take on the member administration. The Committee will consist of Harry van Dijk. Harry lives in Helmond, worked in the auto industry for 43 years, and obviously is a member of our organization.

The meeting is adjourned and the members get together for a drink at the Kolpinghuis bar.

Reunion in Zierikzee

Zierikzee and the Watersnoodmuseum

We would like to invite you to our reunion in Zierikzee in the province of Zeeland. Main event is the Watersnoodmuseum (Flood Museum)! The reunion will take place on September 1, 2018.

After a successful reunion in Middelburg in 2010, we are returning to the province of Zeeland. We would very much like to invite all our members (and their partners) to our reunion in Zierikzee on Saturday 1st September. Zierikzee lies in the municipality of Schouwen-Duiveland, on the northernmost island of the Zeeland isles.

Theme of the program is the Watersnoodmuseum. The museum is located in the four caissons that were used to close the last breach in the dyke, caused by the flood of 1953. The museum is to be found in the sea bank south of the village of Ouwerkerk. Unfortunately, the museum is not suited to receive large groups, therefore we shall start the day in the Nieuwe Kerk, Kerkplein 1, in Zierikzee. We shall welcome you here, where the official opening and lunch will also take place. After lunch we shall visit the Watersnoodmuseum.



After the 40th anniversary of the flood disaster in 1993, one of the caissons was turned into the Flood Disaster Museum by a group of volunteers. It was officially opened on 2nd April 2001 by Monique de Vries, Secretary of the Ministry of Transport and Communications. After extensive renovations the museum was enlarged from one to four caissons and reopened in 2009 by the then Prime Minister Jan Peter Balkenende. In the museum, films are shown depicting the rescue operations, support and reconstruction with the means available at the time. Dozens of newspapers give an insight of the time, as do the files containing 12,500 photographs. Aid stocks are shown, as well as the machines with which repairs were carried out.

The numerous breaches in the dykes are shown on a large scale model.

Those who do not wish to visit the museum are free to wander around Zierikzee and perhaps visit other museums. The day will be concluded in the Nieuwe Kerk in Zierikzee with a drink and the handing out of the lustrum awards.

Participation fees are € 37,50 per person. Participants are to register by transferring the correct amount to bank account number NL70 INGB 0000 3757 02, stating "reunie", name and number of people. Registration closes on 1st August 2018.



The programme:

10.00-10.30 hrs	reception with coffee and cakes in the Nieuwe Kerk in Zierikzee
10.30 hrs	official opening
11.00-11.30 hrs	performance by the Bruinisser Fishermen's Choir
12.00-13.00 hrs	lunch and second performance of the choir
13.00-16.00 hrs	Flood Disaster Museum and introduction
16.00-17.00 hrs	lustrum awards

Unfortunately, there is no train station in Zierikzee, but there is ample parking space and the town is within easy reach by bus from Goes or Rotterdam.

If there is sufficient interest, we could hire a bus at a modest price from the train station in Roosendaal. If you are interested, please send an email to rino.hamelink@goudenkruisdragers.nl



Nieuwe Kerk, Zierikzee



Zuiderhavenpoort, Zierikzee

From the members

The engine of Clinge Doorenbos

In this edition of GOUDI, again a contribution from Kees Brinkman with a main role for Clinge Doorenbos. Not everyone will know him, but - unwittingly probably - his work is known for sure.

The Netherlands is a nation of poetry. It has been so for centuries. In case of distress, danger or the threat of war, when there are no means to physically defend ourselves, the Netherlands reaches for the pen, our distinguished secret weapon. It is being used to expose shameful acts, to put courage into each other, to ridicule each other in rhymes at the Sinterklaas feast in December, or to describe developments and remarkable experiences.

During the Eighty-Years War (1568-1648), a bitter paper war was fought through pamphlets and poems. The poems were bundled and published under the title *Geuzen Liederen-Boeckken* (Songbook of the Geuzen, the freedom fighters against the Spanish occupation). The songs describe the battle between religious beliefs, the course of the war or heroic deeds; they comprise satirical songs and battle songs or they scoff at the other side. In the same way, a *Geuzen Songbook 1940-1945* was made during World War II.

Although walkers are no freedom fighters, the Four Days Marches are certainly a phenomenon that is suitable to translate into poetry. It should not be difficult to fill a complete songbook! In a century, hundreds of songs must have been written to describe walking experiences. Not so much to expose shameful acts. No, they have been written to encourage each other, to praise the organization, to describe the victory over pain and blisters or to express Friday's entry in words. Funny, moving, senseless reflections, put down by walkers, spectators, proud parents or grandparents, all amateurs. Sometimes their creations are very primitive, but that is what makes them so beautiful.



Clinge Doorenbos

There is one song that has come to national fame and, through translations into Danish, English, Polish and Swiss German, also to international fame: the *Vierdaagslied* (Four Days Marches Song) of Mr. J. P.J.H Clinge Doorenbos. It is about time to put him in the limelight. Who was he?

He lived from 1884 to 1978. He was a literary jack of all trades: song composer, stand-up comedian, singer, journalist, drawer of comic books and poet. From 1921 onwards, he wrote a small rhyme in national newspaper *De Telegraaf* on current events every day. In total, it must have been more than 15,000 rhymes! We

know him of course of the esteemed Vierdaagselied from 1932. I will not repeat the first two stanzas here. Every self-respecting Gold Cross Owner knows them by heart. But there is more. Two years ago I discovered that there is a third stanza that describes how a retired walker looks at a precious souvenir: his Four Days Marches cross. It's unknown to me where and by whom this stanza was written. Who knows the answer?! It is clearly connected to the 'engine that nature gave us', as put into verse by Clinge Doorenbos:

*And when the engine will not suffice any more, because engines, they wear too.
I will be sitting in my armchair filled with gratitude.
My eyes will turn to the wall, on which a souvenir,
of youth, of sport, of walking pleasure, of days of joy (2x)*

The topic of walking didn't lose his attention. In De Telegraaf of 27 July 1955 his second Four Days Marches poem was published:
*Everything rushes, everything roars in an endless stream.
Like in a permanent final sprint the long line moves on.
Scooters, mopeds and motorbikes, fast trains, limousines
someone without a speedometer is simply out of the picture.*

*Hasty hastman! Ask yourself quietly, calmly and gratefully
Why nature gave you a pair of sturdy legs at the time.
Not only to press the accelerator, small or large
do you know that your strong legs are also meant to walk?*

*Do you know the distinct pleasures of a good long walking treatment
Being alone with yourself and with nature, even if you are together with others?
The Four Days Marches prove it again so well this year:
walkers who want to walk are the happiest people on earth.*

I suppose that over the years many people have tried to write a little song, a rhyme or a poem that follows the structure of the Four Days Marches song from 1932. I know one, and I don't want to withhold it from you. I like to have a beer after a successful Vierdaagse-stage and,



according to the great crowds at the bars, I am certainly not the only one. Stimulated by these alcoholic treats, someone has got the inspiration to compose verses on a group who, during and in particular after walking, like to wet their performance, or in other words: who provide their engines with fuel. Their motto is: you should not give up one pleasant activity because you are enjoying another one. And so was created:

Vierdaagselied van de natnekken (Four Days Marches song of the soaks)

*Natuur schonk ons de alcohol uit druif en graan en hop.
Gaf wijn, jenever en het bier en vaak een houten kop.
Wij peren met z'n allen en staan dus niet alleen
zo komen wij door Nederland en onze euro's heen (2x).*

*(Nature gave us alcohol from grapes and grain and hops.
Gave wine, Dutch gin and beer and often a hangover
We booze it up together, so we don't stand alone*

like that we go through the Netherlands and squander away our euros (2x).)

*Wij lopen de Vierdaagse mee met alcohol in 't bloed.
Als vaste drinkers zoeken wij geen training maar een roes.
Dus drinken we vanaf 't begin en doen geen kroeg tekort.
Zo zwalken wij door Nederland met spijkers in de kop (2x)*

*(We join the Four Days Marches with alcohol in our blood
As drunks we don't seek a training but a high.
So we drink from the start and don't miss a bar.
Like that we stagger through the Netherlands with our drunken heads (2x).)*

To provide more insight to those who favor tobacco-free and alcohol-free Four Days Marches, I want to remind that in the fifties newspaper De Telegraaf published advertisements that recommended the combination of walking and smoking and drinking, considering it as a totally normal phenomenon.

This is being handled in a more critical and sensible way for some years now, and that is correct. You will search in vain after advertisements for tobacco and alcoholic drinks in the Four Days Marches Magazine, and that is a good thing. It is not possible for the organization to do more against it. At the end, everybody bears the responsibility for their own healthy way of life.

I wish you all successful Four Days Marches!

Walking around the language border

22nd Taalgrenswandeling (Language border march)

For the next 'Powered by GKD' march we are visiting our neighbours in the south again. We are visiting Walking club Halfoogst-vrienden Bellinghen in Belgium.

THE ROUTE

The march is really something for nature lovers. Each year, we try to offer the participants different sights of the Pajottenland and Roman Païs. We try to avoid big roads as much as possible.

Behind each corner the participants will be surprised and will encounter many cleared paths, will cross fields which are normally closed as like forests and private domains. Small hills, accidented terrain, small villages hidden in valleys, the ideal mix for a fantastic march!

START: tent Halfoogstfeesten - Hondzochtstraat 8 in Bellinghen

THE DISTANCES

The following distances are available: 7 - 10 - 15 - 20 - 25 - 32 - 42 - 50 and 60 kilometer. Along the way, there will be several rest areas of which some are outdoors. You can take some time here to enjoy the beautiful Pajottenland and Romain Païs. At these areas you can get drinks and sandwiches and toilets are available.

PARTICIPATION

Registration is possible between 7 a.m. and 3 p.m. (6.30 a.m. for 42 or 50 km). Registration for 50 km ends at 9 a.m., the registration for 42 km ends at 10.00 a.m., for 32 km at 11 a.m., for 25 km at 1 p.m.

You can finish latest at 6 p.m.

Participation costs EUR 1,50 (members of Wandelsport Vlaanderen, FFBMP, ... pay EUR 1,10 euro when they show their membership card).



Abdijhoeve Cantimpré



Powered by - stamp card

The board of our association would like to reward loyal participants of the 'powered by GKD' marches. Therefore a special pin will be issued to members who participated in 'powered by GKD' marches five times.

Starting the upcoming 'powered by GKD' march in Bellinghen, Belgium, we will issue stamp cards on which you can collect the stamps of these marches.

As soon as you have five stamps, you can send or show your card to the board and then you will receive the 'powered by GKD'-pin. Only marches that are marked as 'powered by GKD' are taken into account. Stamp cards will be available at every 'powered by GKD' march.

Gold Medallists Shirt for the 2018 Four Days Marches

These shirts have been very popular the past few years, and many members requested to continue this. Therefore, our organization has again decided to give you the opportunity to buy a shirt. We heard that many people did not receive the email, so we are now giving you another opportunity to order a shirt. If you want to purchase one, make sure to carefully read the following information.

Description and costs

Like previous years, it is a polo shirt, made by Elevate; it is high quality and made of 100% cotton. They are available in men's and women's sizes in the color white. The embroidered logo is the logo of our organization, with the text 'Vierdaagse Nijmegen 2018' underneath, in black. The shirts are €24,50 each and are available in sizes XS-XXL (women's) and XS-XXXL (men's).



Ordering

Send an email to rino.hamelink@goudenkruisdragers.nl BEFORE July 1, listing your name, city and phone number. Make sure to mention Men's or Women's, as well as the requested size.

Pay the amount due to bank account NL51 INGB 0008 1630 10 of Blue Boot Walking Tours – mention your name and the text 'shirt GKD'. Your order will not be final until payment has been received! NOTE: Returns are not possible, since the shirts are made-to-order.

Shirt Pick-up

Once your order is complete, you will receive a confirmation email. Use the confirmation to pick up your shirt(s) on Monday, July 16, between Noon and 1:45 pm in the Kolpinghuis, 1 Smetiusstraat in Nijmegen.

Please note: the shirts will NOT be shipped. If you can't pick up the shirt yourself, ask someone else to do this for you. Those of you who will walk in the Flag Parade will receive their shirt on Sunday afternoon.



General Membersmeeting invitation

You're welcome!

We invite you to gather for the General Membersmeeting on 16 July 2018 2:00 PM in Kolpinghuis, Smetiusstraat 1 in Nijmegen.

The board proposes the following agenda:

1. Opening by the chairman
2. Incoming correspondence & announcements from the board
3. Minutes of the General Meeting held on April 7 2018
4. The 102nd Four Days Marches and (other) business regarding the Marches
5. Reunion 2018 in Zierikzee
6. Reunion 2019
7. (other) Proposals of the board
8. Proposals from the members
9. Any other business
10. Closure



Notes to the agenda

Item 6: The board would only like to look into new proposals for a reunion in 2019 when the date doesn't cause a conflict with the Airborne March.

The board requests anyone with questions that take some preparation, to sent those to the secretariat, if possible in writing and at least one week before the meeting.

At the moment of printing of this magazine, the board had no intentions to present any proposals to the general meeting. The board had the ambition to submit the multi-year plan for approval, but this will be postponed to the general meeting in spring 2019 due to time pressure and carefulness.

If there is wish on behalf of the KWBN and / or The 4DAAGSE to address the meeting, it will take place immediately after the opening of the meeting. The board aims to end the meeting at 15.00.



Let us introduce you to....

Treasurer & Member administrator

During the general meeting last April, we said goodbye to our treasurer Francien van den Heuvel and member administrator Gerard Aarts. Both of them put a lot of effort in our association for years.

Their successors are Ed Hendriks, treasurer, and Harry van Dijk, member administrator and we like to introduce them briefly.

ED HENDRIKS

Ed lives in Driel, located in the area Overbetuwe. He is married and has two kids. He's a sports doctor by profession and has been involved in such a role with the Four Days Marches. From 1979 until 1999, Ed was involved in the Medical Service and even leading it for a few years. Aside to that, he participated 21 times.

Besides the Four Days Marches, you can find Ed at other marches as well, like the walking challenges in China and Israel a few years back.

He has experience as board member of a variety of associations amongst which as treasurer.



HARRY VAN DIJK

Harry worked in the automotive branch for 43 years and lives in Helmond. He is married and collects miniature cars.

Walking is also big hobby of him and besides 22 Four Days Marches he can call himself European Walker and completed the Kennedywalk in Someren 14 times.

With being a treasurer at an autoclub for 11 years and voluntary work for Slachtofferhulp Nederland (Victim Support), he knows the drill as volunteer.

GKD Meeting Points

Meet Four Days Marches friends

Years ago, we started with Meeting Points along the route where Gold Medallists could meet.

Since we can welcome many new members each year we will list the locations of our Meeting Points once more in our magazine.

Will we see you in July?

Meeting Point day 1

The first day, you will find the Meeting Point in Lent. After swapping the route last year, it's the second time we have set up our tent here. The Meeting Point is at the address Vossenpelstraat 38 in Lent; this is at the left side of the road. On the photo below you will get a first impression of the location where we like to host you.



Meeting Point day 2

The Meeting Point on the second day will be in Beuningen at the Hogewaldstraat number 16, near the intersection with the verbindingsweg.

This is situated just before leaving the village.



Meeting Point day 3

On the third day you'll find the Meeting Point leaving Berg en Dal at the right side of the road on the Oude Kleefsebaan number 17. The little square in front of the church (Parish the Resurrection) gives us a nice spot close to the road.



Meeting Point day 4

The fourth day you find the Meeting Point in Malden, just before passing the Intratuin at the right side of the road.

The Meeting Points are announced by boards and can be recognized by our own beach banners.



In Memoriam

After appearance of the previous magazine, we have received notification of the decease of the below-mentioned members. Our condolences go out to the relatives.

Hr. E.J. van Essen	Utrecht
Hr. P. van Heerde	Nijmegen
Mw. M. van 't Hullenaar	Berg en Dal
Mw. M.L.W. Kroes - Klamer	Nijmegen
Hr. G. Meersschaert	Heythuysen
Mw. J.A. Mes - Griep	Dinteloord
Hr. H.J.A.P. Roelofs	Nijmegen
Hr. F. Schutte	Amsterdam
Hr. A.P.C. Smits	's-Hertogenbosch
Mw. H. Voorintholt	Slochteren
Hr. C. de Vries	Nieuw-Vennep



Four Days Marches Church Service 2018

On Sunday 15th July the Four Days Marches church service will be held for the 57th time in St. Stevens Church in Nijmegen.

The theme of the service is: "You can do it".

The service will be conducted by Rev. Huub Smeets and Father Aloys van Velthoven. There will be a musical performance by The Elster Men's choir together with the Wereldvrouwenkoor from Arnhem, conducted by Monique Verhoeven. The organ will be played by Cor van Wageningen.

The service starts at 10 o'clock. The church is open from 9 o'clock.

On behalf of the Committee of the Vierdaagse Foundation, Mrs Gien Langen-van Kolck, secretary/ treasurer.



Bron: <https://www.flickr.com/photos/111347625@N06/25665131673/>

Portrait of a member

Name : Theo Tromp

Residence : Weert – Limburg, born in The Hague, due to my job moved to Weert via Leiderdorp and Geldrop.

Age : 69

How should you describe yourself in one sentence?

A very positive well-prepared bon-vivant, hiking and hiking experience have a very important role in my life.

What are your daily activities?

As a former professional soldier I was warrant-officer chef steward; my hobby is making walking trips as organizer of walking journeys.

I make these trips all year round in small groups with walking friends.

What makes you happy?

Every morning when I wake-up I am happy to start a nice day again and I enjoy to be on a walking trip with a group. I enjoy the friendship that grows among the participants during the trip. I like to improvise and make contact with other people.

For what reason you started to participate the four days walking marches?

I started walking when I was 11 years old, probably after I had seen the entry of the marches on Friday on television.

When I was 13 years old I participated in my first four days marches with a group of the HWV (Walking Association The Hague). I changed quickly to RWV (long distances for individuals) and later on to OLAT, I have been member of the board of OLAT in different positions for 32 years.

How many times you participated in the four days walking marches?

This year, 2018, will be my 45th attendance, whereof 37 times I walked the 50 km distance. For 25 years I combined Nijmegen with the Apeldoorn four days marches where I also walked the 50 km distance.

What is your secret to complete a four days walking marches successfully?

My recipe for a successful Four Days Marches has been for years: I start my 50 km just 5 minutes before the departure of the 30 km, I walk on my own speed in a relative quiet environment and realize an enjoyable finish between 4.45 pm and 5.00 pm. I helped at the OLAT service point for some time during the walk, I visited the haircutter and went to swim near Slijk-Ewijk.

What is your nicest meeting or sweetest memory of the four days walking marches?

That will be too much for this page. I walked the 40km distance to accompany walking friends from Vladivostok during the 100th four days walking marches. Last year I accompanied the Indonesian IML delegation during their visit and drove them around in the Netherlands in two

days time.

What is your latest march?

Well, I can mention the latest trips because it was a successive series f.i. IML marches in Litouwen, Finland, Iceland, USA, China, Vladivostok, South Korea, Japan, Taiwan, Indonesia, Thailand, New Zealand and Japan.

Do you want to say anything else?

When I received the request for this contribution to GOUDI!, I was on my way from Sydney to Amsterdam. I trust these words to paper two days before my next trip to China to give a lecture about IML walking and to visit some international walking events.

My mottos are : "A smile is the same in every language" and "Live today, you might not able to live tomorrow"



Theo Tromp (right side) with Bert van der Lans.

Indien onbestelbaar retour: Van Karnebeekstraat 153, 3317 KW, Dordrecht



An impression (taken from a platform) of the participants and spectators in the festively decorated Pannestraat, on the third day of the 64th Four Days Marches.

Photo: Unknown

Source: KNBLO-NL, Regionaal Archief Nijmegen